

## Introduction to Soil Health

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## Soil Degradation

What is soil degradation?

- Loss of soil productivity
- Loss of soil's ability to function
- Can be a very gradual and subtle



## Soil Degradation

What are the causes soil degradation?

- Erosion
- Loss of organic matter
- Salinization
- Desertification



Do we have soil degradation in Nebraska?







## Soil Health vs. Soil Quality

- The two terms are often used interchangeably.
- Some people use the term Soil Quality to refer to Inherent Soil Properties such as texture and depth and Soil Health to refer to Dynamic Soil Properties such as organic matter, bulk density and aggregate stability.
- However, by definition, they both refer to the ability of a soil to function so I will use them interchangeably.



## What is soil health?

Soil quality/soil health is “the capacity of a soil to function, within natural or managed ecosystem boundaries, to sustain plant and animal productivity, maintain or enhance water and air quality, and support human health and habitation.”

(Karlen et al., 1997)



Soil quality is...  
“the capacity of the soil to function.”



(Doran and Parkin, 1993)

## Soil Functions

- Physical stability & support
- Partitioning water and solute flow
- Filtering and buffering
- Nutrient cycling
- Habitat for soil organisms
- Maintaining biodiversity



## Soil Function ...

### Physical stability & support

- Soil has the ability to maintain its porous structure to allow passage of air and water, withstand erosive forces, and provide a medium for plant roots.



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## Soil Function ...

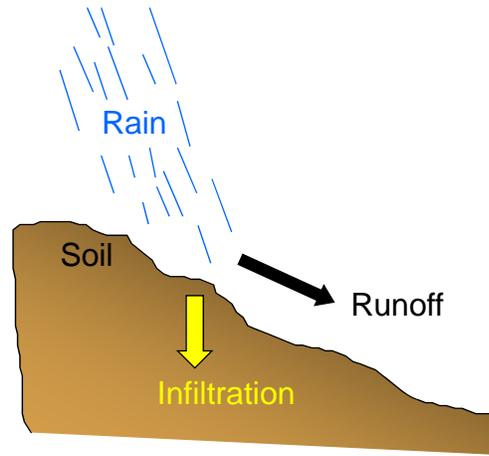
### Physical stability & support



- Soils also provide support for human structures such as buildings and roads.

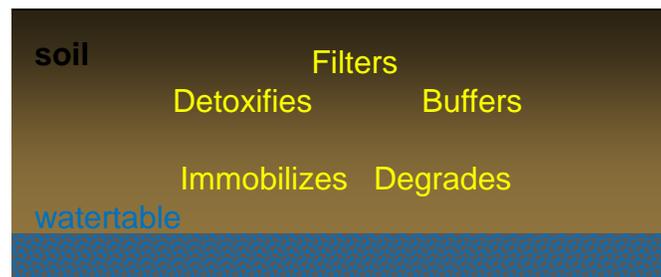
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## Soil Function... Partitioning Water and Solute Flow

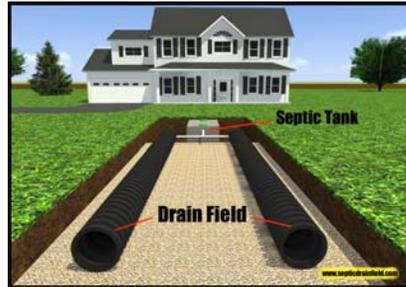


## Soil Function... Filtering and Buffering

Organic & Inorganic  
materials



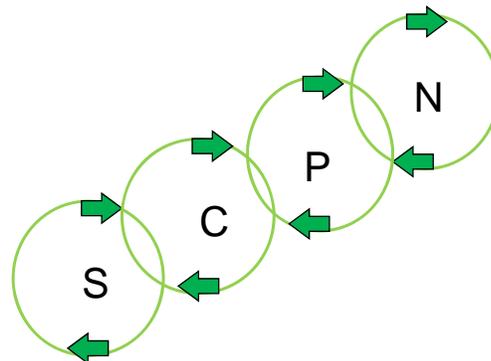
## Soil Function... Filtering and Buffering



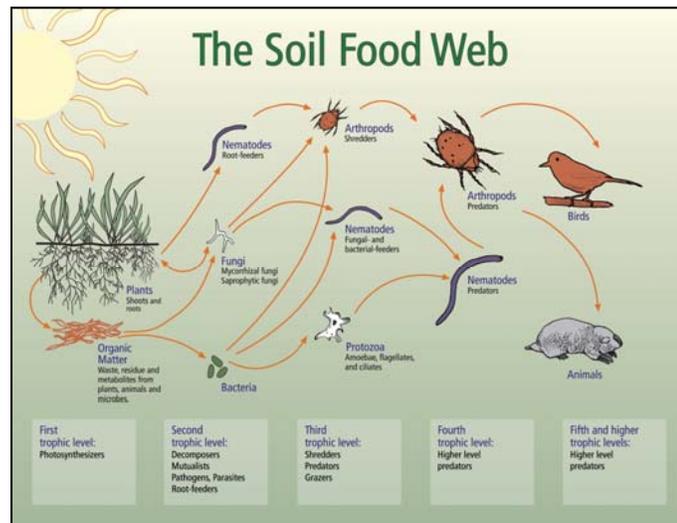
Septic systems use soils to safely dispose of wastewater



## Soil Function... Storing and Cycling Nutrients



## Soil Function ... Habitat for Soil Organisms



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## Soil Function ... Maintaining Biodiversity

- Most soil organisms cannot grow outside of soil, so it is necessary to preserve healthy and diverse soil ecosystems if we want to preserve beneficial microorganisms.
- Estimated numbers of soil species include 30,000 bacteria; 1,500,000 fungi; 60,000 algae; 10,000 protozoa; 500,000 nematodes; and 3,000 earthworms (Pankhurst, 1997).

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## What does a healthy soil look like?



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## Soil Quality Indicators

Soil quality indicators are physical, chemical and biological properties, processes, and characteristics that can be measured to monitor changes in the soil health.

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## Soil Quality Indicators

Chemical indicators include:

- Soil Reaction (pH)
- Electrical Conductivity
- Cation Exchange Capacity
- Nutrient content (N, P, K & micros)



## Soil Quality Indicators

Physical indicators include:

- Aggregate Stability
- Available Water Capacity
- Bulk Density
- Infiltration Rate
- Soil Crusts
- Soil Structure and Macropores



## Soil Quality Indicators

Biological indicators include:

- Organic Matter
- Earthworms and other soil organisms
- Respiration
- Microbial biomass assessment (PLFA)
- Soil Enzymes



## Keys to Improving Soil Health

- Keep the soil covered as much as possible
- Disturb the soil as little as possible
- Keep plants growing throughout the year to feed the soil
- Diversify as much as possible using crop rotation and cover crops



## Keep the Soil Covered

### Types of Soil Cover:



Passive – Crop Residue



Active – Cover Crops

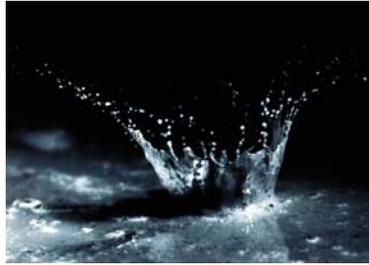


## Benefits of Crop Residue & Cover Crops

- Protect the Soil Surface
- Improve Infiltration/Reduce Runoff
- Reduce Evaporation
- Moderate soil temperature



## Protect the Soil Surface



Raindrop impact destroys soil aggregates and disperses soil particles ...



Creating soil crusts ...



## Protect the Soil Surface



Resulting in increased runoff and soil erosion.



## Rainfall Simulator Demonstration



Set-up



Operation



## Rainfall Simulator Demonstration



Runoff and Erosion Results



## Rainfall Simulator Demonstration



Infiltration Results

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## Reduce Evaporation

- Crop residue improves infiltration and reduces soil evaporation. Maintaining adequate residue cover takes the “E” out of ET.
- A study in Kansas found that leaving crop residue in place resulted in a savings of 3.5” of soil water. That is equivalent to an extra 40 bu/ac dryland corn or an irrigation savings of \$25 to \$35 per acre.

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## Moderate Soil Temperature



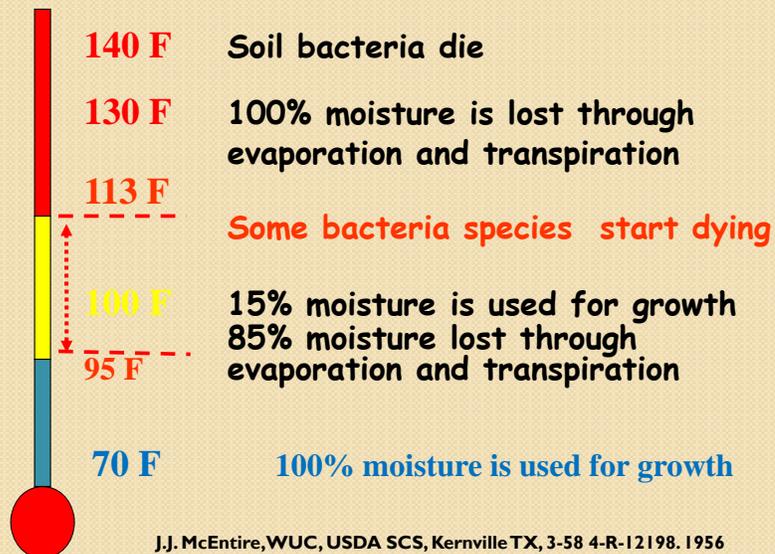
Soil temperature without cover



Soil temperature with cover



## When soil temperature reaches



J.J. McEntire, WUC, USDA SCS, Kerrville TX, 3-58 4-R-12198. 1956

## Disturb the Soil as Little as Possible

Intensive tillage destroys the biological and ecological integrity of the soil system.



Before Primary Tillage      After Primary Tillage      After Secondary Tillage



## Disturb the Soil as Little as Possible

Tillage creates twin problems:

- Accelerated soil degradation
- Destruction of habitat for soil organisms

“For soil organisms tillage is a catastrophic event.”

- Dwayne Beck



## Disturb the Soil as Little as Possible

- Under reduced tillage and direct seeding systems soil biota can build and maintain soil pore networks.
- Creating a stable soil habitat is the first step towards having your soil function to your advantage.
- Crop rotation is the next step



## Keep Plants Growing All Year

### Benefits of Cover Crops:

- Reduce erosion from wind and water.
- Increase soil organic matter content.
- Capture & recycle or redistribute nutrients in the soil profile.
- Promote biological nitrogen fixation and reduce energy use.
- Increase biodiversity.
- Suppress weeds.
- Manage soil moisture.
- Minimize and reduce soil compaction.



## Keys to Improving Soil Health

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## Practices to Improve Soil Health

- Conservation Crop Rotation
- Continuous no-till
- Cover Crops
- Nutrient Management
- Pest Management



## National Resources

- Soil Health Website

<http://www.nrcs.usda.gov/wps/portal/nrcs/main/national/soils/health/>

- Includes links for:

- Soil Health Theater (1 minute videos on soil health)
- Dig a Little, Learn a Lot (a link to the soil biology primer)
- Grow With It (a productive soils checklist for growers)
- Links to Soil Health Fact Sheets



*The promise of our future  
lies not in the stars...*





## Questions?

