



HOMWORK ASSIGNMENT!!

Name _____ Date _____

Discover the Power of Counting in your own home!

Fill in the blanks, as accurately as possible:

How many **coffee mugs** do you have in your home? _____

How many **wine glasses** do you have in your home? _____

How many **sweaters** do you own? _____

How many **sets of sheets** are in your house? _____

How many **sets of towels** are in your house? _____

If, through completing this exercise, you've discovered that you might need to do a little RIGHTSIZING of your own, call Changing Spaces SRS at 402-483-0555! We offer 4-hour sorting sessions to help you clear the clutter. You'll be amazed at what we can accomplish in just half a day!

Live Your Best Life Now!

How Rightsizing Can Change the Next Chapter of Your Life

Presenter: Jeannine Bryant, Owner of Changing Spaces SRS

Rightsizing: That magic place between TOO MUCH and TOO LITTLE

Visit NASMM.org to find a list of senior move managers throughout the country.

“Everyone gets organized at some point, they just might not be around for it.”

-Sue DeRoos

Remember: Rightsizing is a gift to yourself, your children and your spouse

Throw Out 50 Things (5 in each category):

1. Books/Magazines
2. Clothing
3. Kitchen Stuff
4. Knick Knacks
5. Holiday Décor
6. Paperwork and Mail
7. Food and Pantry Items
8. Garage Items
9. Accessories – Hats/Belts/Scarves
10. Toiletry Items

Tips to keep things tidy:

*Keep a “donate box” in a handy spot so you can continually add to it

*Respect the limits of your space

*Utilize the power of counting

Remember: Objects don't hold memories. People do.



www.ChangingSpacesSRS.com

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