Discover the Power of Counting in your own home!

Fill in the blanks, as accurately as possible:

How many coffee mugs do you have in your home? ___________

How many wine glasses do you have in your home? ___________

How many sweaters do you own? _______________

How many sets of sheets are in your house? _______________

How many sets of towels are in your house? _______________

If, through completing this exercise, you’ve discovered that you might need to do a little RIGHTSIZING of your own, call Changing Spaces SRS at 402-483-0555! We offer 4-hour sorting sessions to help you clear the clutter. You’ll be amazed at what we can accomplish in just half a day!
Live Your Best Life Now!
How Rightsizing Can Change the Next Chapter of Your Life
Presenter: Jeannine Bryant, Owner of Changing Spaces SRS

Rightsizing: That magic place between TOO MUCH and TOO LITTLE

Visit NASMM.org to find a list of senior move managers throughout the country.

“Everyone gets organized at some point, they just might not be around for it.”
-Sue DeRoos

Remember: Rightsizing is a gift to yourself, your children and your spouse

Throw Out 50 Things (5 in each category):
1. Books/Magazines
2. Clothing
3. Kitchen Stuff
4. Knick Knacks
5. Holiday Décor
6. Paperwork and Mail
7. Food and Pantry Items
8. Garage Items
9. Accessories – Hats/Belts/Scarves
10. Toiletry Items

Tips to keep things tidy:
* Keep a “donate box” in a handy spot so you can continually add to it
* Respect the limits of your space
* Utilize the power of counting

Remember: Objects don’t hold memories. People do.